

SONWABISE-TESE

Volume 1 / Issue 1

RECENT EVENTS

- Art supplies
- Covid-19
- Mentoring
- School

AT A GLANCE

Dear readers, we trust that you are well and looking after yourselves given the current circumstances. While we continuously try to fight off covid-19, here at Sonwabiswe-Tese we have been busy trying to soften the impact the virus will have on the girls' families.

ART SUPPLIES

We would like to thank the Butterfly Art Project for sponsoring us with amazing art supplies. The supplies were used by the girls to create rainbows of hope. These rainbows were put up around the girls' houses. The girls took it a step further and started expressing their feelings using various methods of art. The personal growth seen in the girls has been phenomenal.



“Life throws challenges and every challenge comes with rainbows and lights to conquer it.”

COVID-19

It goes without saying that the pandemic has negatively affected some families. With people losing their jobs, businesses closing and access to food becoming difficult, these are very difficult times we are currently facing.

We have been helping out the girls by providing them with food parcels. These food parcels were provided to us by our well wishers and The City of Cape Town. The City of Cape Town assisted us with 30 nutritious food parcels in July and August with the last one due to be delivered in September. Our well wishers all came together to provide us with 30 nutritious food parcels in May and June. Both parcels delivered by the different parties were

highly balanced and extremely healthy. This has also given us the opportunity to meet and get to know the girls' parents.





We further went on to organize care packages for the girls. The care packs consisted of basic disinfectants and sanitary products. During this pandemic, personal and environmental hygiene is key so we made sure the girls and their families could keep themselves and everyone else safe and stay on top of their hygiene.

MENTORING | SCHOOL

Due to lockdown restrictions, onsite mentoring had to come to an end. Since everyone is fighting their own battles, we wanted to make sure that the girls never felt alone and always had someone to have a chat with to provide comfort, advice or whatever necessary. The mentoring sessions are provided by our mentors via WhatsApp or over a phone call.

Since schools continued with their syllabuses online, we have been providing the girls with data packages to ensure that they are able to access their online learning and so they do not lag. A huge thank you to all my friends with your ongoing support.



MESSAGE FROM BARBARA

Together, we have achieved a lot in supporting our Sonwabise-Tese beneficiaries with their emotional wellbeing and restoring faith in our heavenly Father. Thank you for being part of this journey with me, a journey that has been so difficult because of lack of funding. A big thank you to all the volunteers and for your dedication in sowing your time being with the girls. My heart is full of gratitude seeing a group of Christ followers “life group” contributing money for the Checkers gift card that we gave to our beneficiaries, 2 Corinthians 9:7. Last but not least, big thank you to my husband, and to my amazing boys for spending hours in packing the food parcels.